

**the sivananda companion to pdf**

BHAGAVAD GITA By SRI SWAMI SIVANANDA Sri Swami Sivananda Founder of The Divine Life Society  
SERVE, LOVE, GIVE, PURIFY, MEDITATE, REALIZE So Says

**Bhagavad Gita - The Divine Life Society**

"ALL ABOUT HINDUISM" is intended to meet the needs of those who want to be introduced to the various facets of the crystal that is Hinduism.

**ALL ABOUT HINDUISM - Divine Life Society**

Darśana (Sanskrit: दृशन्, lit. view, sight) is the auspicious sight of a deity or a holy person. The term also refers to six orthodox schools of Hindu philosophy and their literature on spirituality and soteriology.

**Darśana - Wikipedia**

Shatkarma (Sanskrit: षट्कार्माणि, lit. six actions), also known as Shatkriya, refers to Yogic practices involving purification of the body.. These practices, outlined by Yogi Swatmarama in the Haá¹-ha Yoga PradĀ«pikĀ• as kriya, are:. NetĀ«; DhautĀ«; NaulĀ«; Basti; KapĀ•labhĀ•tĀ«; TrĀ•á¹-aka; More details. NetĀ« refers to nasal wash.This is the practice of using a neti ...

**Shatkarma - Wikipedia**

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